

How to download videos from Instagram: on iPhone or Android, for free

Do you want to download videos from Instagram and don't know how? In this note, we show you how to do it from the browser, through apps or web extensions.

How do I download my Instagram videos? A short guide. **Instagram** is one of the most used platforms worldwide, no matter if you have an Android mobile phone or an iPhone. Millions of users share videos and photos to their followers. And not just as a publication, but through 24-hour stories and 'scrolls' or vertical videos. Now, let's go step by step. Meta's social network does not allow people who watch their videos to download them, unless the users themselves have shared it. So the need arises to know how to download the videos, be it they have music, no watermark, free or no app. Before: if you want to download some documents from **Instagram** that you like and want to save on your mobile phone or PC, you have to use other sites.

DOWNLOAD VIDEOS FROM INSTAGRAM STEPS

Let's start with what you have to do:

- Type Google or any other search engine and put 'Download videos from **Instagram**'.
- Several pages will appear giving you the option to download these videos without any restrictions.
- Eye, for mobile phones also has apps for this purpose.
- From your desktop or laptop: There are extensions available that will help you with this.
- [instagram reels downloader](#)

DOWNLOAD INSTAGRAM VIDEOS FROM THE WEB

From your web browser, the Internet gives you many options to download **Instagram** videos to your computer. To do this, simply copy the link from the post and insert it into the page. How is this achieved? Here we teach you.

- Find the post with the video you want to download from Instagram.
- Select the three dots in the top right, next to the username.
- Click Copy link.



Image from Instagram account Latina Noticias.

The URL of the publication will then be copied to the clipboard so you can insert it into one of the pages we'll cover below:

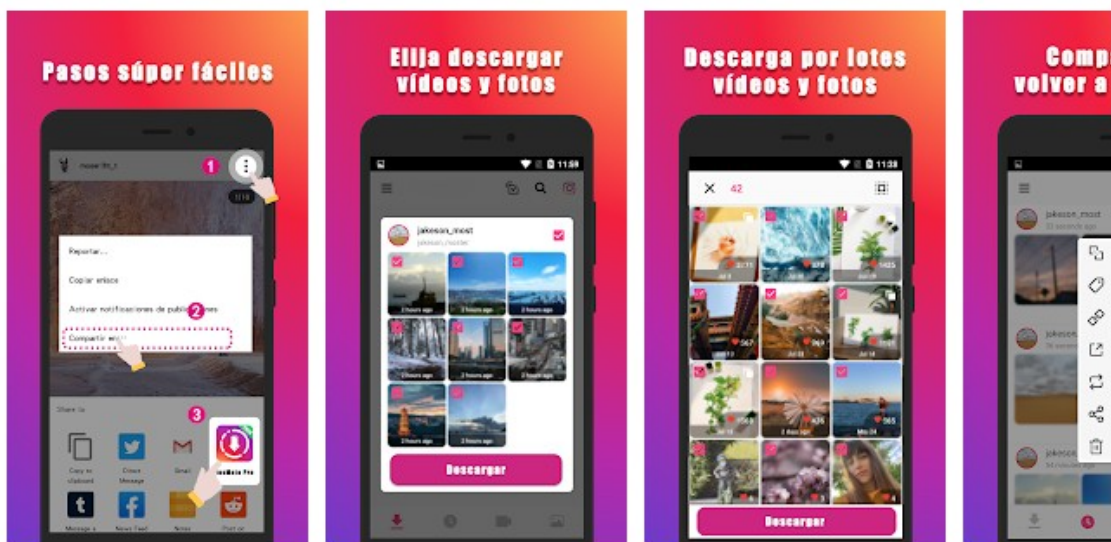
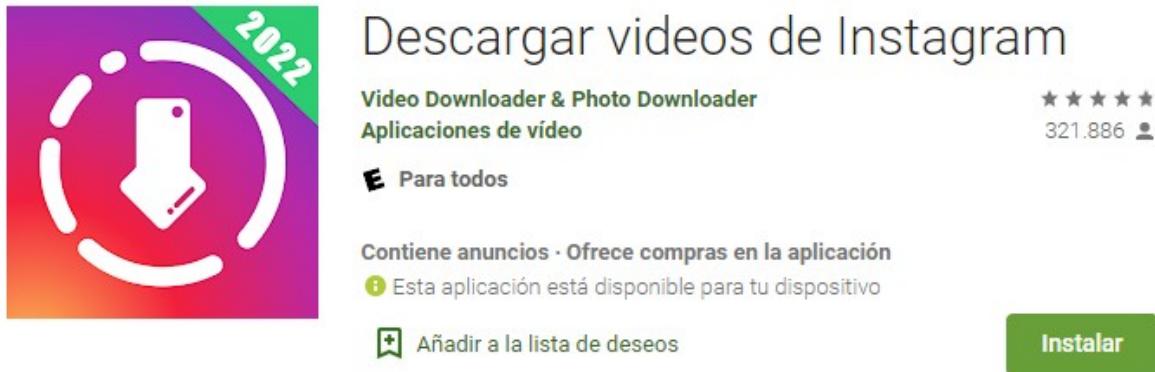
● [Instagram video downloader](#)

Once you place the link, on any of the three pages, you can simply tap Download or Download, wait a few seconds, and tap Download again. It should be noted that the downloaded video format will be in mp4.

DOWNLOAD INSTAGRAM VIDEOS ON IPHONE OR ANDROID WITH APP

For both Android and iPhone, there are apps that will let you download videos or reels from Instagram. As with downloads from the web, you must copy the publish link to the clipboard. It should be noted that on the iPhone and some Android mobiles, the device itself allows us to record the screen, so we can use this function if we want to have a video on Instagram. However, if you still choose to download, here are the options available

- Download Instagram videos (Android)
- Video Downloader for Instagram (Android)
- Reposter (iPhone)



DOWNLOAD VIDEOS FROM INSTAGRAM WITH CHROME EXTENSION

Finally, if you find yourself browsing Instagram from your computer and you've watched a social media video that you'd like to have on your PC, you can get extensions for the browser you're using and so download the audiovisual material you want. Some recommended extensions are:

- Video Downloader for Instagram (Compatible with Google Chrome, Brave, Opera and Microsoft Edge)
- Instagram Downloader (Compatible with Google Chrome)

● Download Instagram videos (Compatible with Mozilla Firefox)



Video Downloader para Instagram™

Ofrecido por: Free Software Utilities

★★★★★ 238 | [Productividad](#) | 30.000+ usuarios

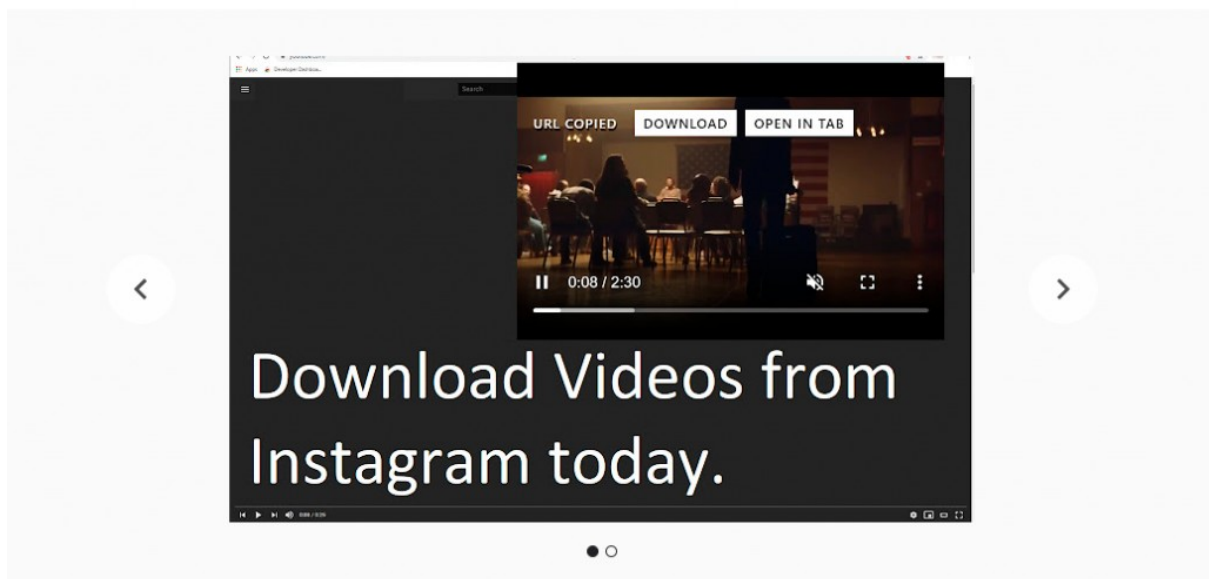
[Añadir a Chrome](#)

Descripción general

Prácticas de privacidad

Reseñas

Relacionados



You already know how to download videos from Instagram pt languages <https://vidinsta.app/pt> , on iPhone or Android. Within these options, you can download them along with the music and directly into your library. Of course, no watermark and free, even without the app.